



# Allendale Public Schools

## Gluten Free

### May/June 2024

Breakfast w/ Milk -.00 All buildings will have a GF cereal available daily.  
 Lunch w/ Milk-.00  
**LUNCHES MUST BE ORDERED BY EMAILING BROWERJOD@APSFALCONS.NET BY 9:00 AM**  
 Meals are transported to your students building, if they are not ordered they won't have a lunch. All options may contain Dairy & Egg.

Monday		Tuesday		Wednesday		Thursday		Friday	
6	GF Chicken Nuggets	7	GF Pizza Pocket	8	GF Grilled Chicken Sandwich	9	Hot Dog on GF Bun	10	GF Chicken Nuggets
	<u>Sides</u> Broccoli Applesauce		<u>Sides</u> Cucumbers Slices Orange Slices		<u>Sides</u> Carrots Apple		<u>Sides</u> Fiesta Beans Diced Peaches		<u>Sides</u> Corn Fruit Sidekick
13	GF Waffles	14	Cheeseburger On a GF Bun	15	Yogurt, Cheese Stick & KIND or Luna Bar w/ Fruit	16	GF Pizza Pocket Pepperoni & Cheese	17	Turkey & Cheese Sub on GF Bun
	<u>Sides</u> Potato Triangle Applesauce		<u>Sides</u> Carrots Oranges		<u>Sides</u> Baked Beans Diced Peaches		<u>Sides</u> Steamed Broccoli Diced Pears		<u>Sides</u> Carrots Strawberry Cup
20	GF Pizza Pocket Pepperoni & Cheese	21	Chef Salad	22	SW Salad Grilled Chicken, Black Bean Relish, Tortilla Strips	23	Hot Dog on GF Bun	24	GF Pizza Pocket Pepperoni & Cheese
	<u>Sides</u> California Blend Pears		<u>Sides</u> Carrots w/ dip Grapes		<u>Sides</u> Fiesta Beans Strawberry Cup		<u>Sides</u> Potato Smiles Apple slices		<u>Sides</u> Broccoli Pears
27		28	GF Pizza Pocket	29	Yogurt, Cheese Stick & KIND or Luna Bar w/ Fruit	30	Hot Dog On a Bun	31	Chef Salad
			<u>Sides</u> California Blend Diced Pears		<u>Sides</u> Carrot w/ Dip Banana		<u>Sides</u> Corn Diced Peaches		<u>Sides</u> Broccoli Strawberry Cup
June 3	GF Waffles	4	Cheeseburger On a GF Bun	5	GF Pizza Pocket	6	<b>Half Day Today</b>	7	
	<u>Sides</u> Chef's Choice		<u>Sides</u> Chef's Choice		<u>Sides</u> Chef's Choice		<b>&amp; Tomorrow</b>		

All menu items may contain: milk, eggs, fish/shellfish, or soy. \*Contains Pork USDA is an equal opportunity employer and provider.