

# Allendale Public Schools

## Gluten Free Menu December 2024



Breakfast w/ Milk -.00

All buildings will have a GF cereal available daily.

Lunch w/ Milk-.00

**LUNCHESES MUST BE ORDERED BY EMAILING  
BROUWERJOD@APSFALCONS.NET**

**BY 9:00 AM**

Meals are transported to your students building, if they are not ordered they won't have a lunch. All options may contain Dairy & Egg.

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>2</b>	GF Chicken Nuggets  <b>Sides</b> Green Beans Blueberries	<b>3</b>	Lunch Kit - Remove Crackers Replace with GF crackers, Fruit Roll  <b>Sides</b> Carrots Grapes	<b>4</b>	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips  <b>Sides</b> Fiesta Beans Strawberry Cup	<b>5</b>	Hot Dog On A GF Bun  <b>Sides</b> Potato Smiles Apple Slices	<b>6</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Broccoli Pears
<b>9</b>	GF Waffles, sausage patty & egg patty  <b>Sides</b> Dragon Punch Applesauce	<b>10</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Baked Beans Diced Pears	<b>11</b>	Yogurt, Cheese Stick & KIND or LUNA Bar w/ Fruit  <b>Sides</b> Carrots Banana	<b>12</b>	Hot Dog On A GF Bun  <b>Sides</b> Corn Blueberries	<b>13</b>	GF Chicken Nuggets  <b>Sides</b> Broccoli Strawberry Cup
<b>16</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Broccoli Applesauce	<b>17</b>	Cheeseburger on GF Bun  <b>Sides</b> Cucumber Slices Oranges	<b>18</b>	Grilled Chicken Sandwich on a GF Bun  <b>Sides</b> Carrots w/dip Apple	<b>19</b>	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips  <b>Sides</b> Fiesta Beans Diced Peaches	<b>20</b>	<b><i>CHRISTMAS DINNER</i></b> Grilled Chicken Mashed Potatoes  <b>Sides</b> Corn Strawberry/Kiwi Sidekick



See you on Monday,  
January 6, 2025

All menu items may contain: milk, eggs, fish/shellfish, or soy. \*Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at [allendale.familyportal.cloud](http://allendale.familyportal.cloud) USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.