



Allendale Public Schools

Gluten Free Menu February 2025



Breakfast w/ Milk -.00
 All buildings will have a GF cereal available daily.
 Lunch w/ Milk-.00
**LUNCHESES MUST BE ORDERED BY EMAILING
 BROUWERJOD@APSFALCONS.NET
 BY 9:00 AM**
 Meals are transported to your students building,
 if they are not ordered they won't have a lunch.
 All options may contain Dairy & Egg.

Monday	Tuesday	Wednesday	Thursday	Friday
3 GF Waffles Sausage Patty* <u>Sides</u> Potato Triangle Applesauce	4 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Leafy Greens Oranges	5 Yogurt, Cheese Stick & KIND or LUNA Bar <u>Sides</u> Broccoli Pears	6 Hot Dog on a GF Bun <u>Sides</u> Baked Beans Peaches	7 Turkey & Cheese Sub on a GF Bun <u>Sides</u> Carrots Strawberry Cup
10 GF Chicken Nuggets <u>Sides</u> Green Beans Blueberries	11 Lunch Kit - Remove Crackers, Replace with GF Crackers, Fruit Roll <u>Sides</u> Carrots Grapes	12 SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Strawberry Cup	13 Hot Dog on a GF Bun <u>Sides</u> Potato Smiles Apple Slices Cherry Sidekick	14 
17 	18 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Baked Beans Diced Pears	19 Yogurt, Cheese Stick & KIND or LUNA Bar <u>Sides</u> Carrots Banana	20 Hot Dog on a GF Bun <u>Sides</u> Corn Blueberries	21 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Broccoli Strawberry Cup
24 GF Chicken Nuggets <u>Sides</u> Broccoli Applesauce	25 Cheeseburger on a GF Bun <u>Sides</u> Cucumber Slices Oranges	26 GF Chicken Tenders <u>Sides</u> Carrots Apple	27 SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Diced Peaches	28 Grilled Chicken Breast <u>Sides</u> Corn Fruit Sidekick

All menu items may contain: milk, eggs, fish/shellfish, or soy. *Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at allendale.familyportal.cloud USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.