

Allendale Public Schools

Gluten Free Menu January 2025



Breakfast w/ Milk –.00

All buildings will have a GF cereal available daily.

Lunch w/ Milk-.00

**LUNCHES MUST BE ORDERED BY EMAILING
BROUWERJOD@APSFALCONS.NET
BY 9:00 AM**

Meals are transported to your students building,
if they are not ordered they won't have a lunch.
All options may contain Dairy & Egg.

Monday	Tuesday	Wednesday	Thursday	Friday
6 GF Waffles Sausage Patty* <u>Sides</u> Potato Triangle Applesauce	7 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Leafy Greens Oranges	8 Yogurt, Cheese Stick & KIND or LUNA Bar <u>Sides</u> Broccoli Pears	9 Hot Dog on a GF Bun <u>Sides</u> Baked Beans Peaches	10 Turkey & Cheese Sub on a GF Bun <u>Sides</u> Carrots Strawberry Cup
13 GF Chicken Nuggets <u>Sides</u> Green Beans Blueberries	14 Lunch Kit - Remove Crackers, Replace with GF Crackers, Fruit Roll <u>Sides</u> Carrots Grapes	15 SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Strawberry Cup	16 Half Day *** Breakfast Only	17 Half Day *** Breakfast Only
20 GF Waffles, Sausage Patty* & Egg Patty <u>Sides</u> Dragon Punch Applesauce	21 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Baked Beans Diced Pears	22 Yogurt, Cheese Stick & KIND or LUNA Bar <u>Sides</u> Carrots Banana	23 Hot Dog on a GF Bun <u>Sides</u> Corn Blueberries	24 GF Pizza Pocket Pepperoni & Cheese <u>Sides</u> Broccoli Strawberry Cup
27 GF Chicken Nuggets <u>Sides</u> Broccoli Applesauce	28 Cheeseburger on a GF Bun <u>Sides</u> Cucumber Slices Oranges	29 GF Chicken Tenders <u>Sides</u> Carrots Apple	30 SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips <u>Sides</u> Fiesta Beans Diced Peaches	31 Grilled Chicken Breast <u>Sides</u> Corn Fruit Sidekick

All menu items may contain: milk, eggs, fish/shellfish, or soy. *Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at allendale.familyportal.cloud USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.