





# Allendale Public Schools

## Gluten Free Menu November 2024

Breakfast w/ Milk -.00  
 All buildings will have a GF cereal available daily.  
 Lunch w/ Milk-.00  
**LUNCHES MUST BE ORDERED BY EMAILING  
 BROUWERJOD@APSFALCONS.NET  
 BY 9:00 AM**  
 Meals are transported to your students building, if they are not ordered they won't have a lunch. All options may contain Dairy & Egg.

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>4</b>	GF Chicken Nuggets  <b>Sides</b> Green Beans Blueberries	<b>5</b>	Lunch Kit - Remove Crackers Replace with GF crackers, Fruit Roll  <b>Sides</b> Carrots Grapes	<b>6</b>	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips  <b>Sides</b> Fiesta Beans Strawberry Cup	<b>7</b>	Hot Dog On A GF Bun  <b>Sides</b> Potato Smiles Apple Slices	<b>8</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Broccoli Pears
<b>11</b>	GF Waffles, sausage patty & egg patty  <b>Sides</b> Dragon Punch Applesauce	<b>12</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Baked Beans Diced Pears	<b>13</b>	Yogurt, Cheese Stick & KIND or LUNA Bar w/ Fruit  <b>Sides</b> Carrots Banana	<b>14</b>	Hot Dog On A GF Bun  <b>Sides</b> Corn Blueberries	<b>15</b>	GF Chicken Nuggets  <b>Sides</b> Broccoli Strawberry Cup
<b>18</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Broccoli Applesauce	<b>19</b>	Cheeseburger on GF Bun  <b>Sides</b> Cucumber Slices Oranges	<b>20</b>	Grilled Chicken Sandwich on a GF Bun  <b>Sides</b> Carrots w/dip Apple	<b>21</b>	SW Salad, Grilled Chicken, Black Bean Relish, Tortilla Strips  <b>Sides</b> Fiesta Beans Diced Peaches	<b>22</b>	<b><i>THANKSGIVING MEAL</i></b> Grilled Chicken Mashed Potatoes <b>Sides</b> Green Beans Applesauce 
<b>25</b>	GF Waffles Sausage Patty  <b>Sides</b> Potato Triangle Applesauce	<b>26</b>	GF Pizza Pocket Pepperoni & Cheese  <b>Sides</b> Leafy Greens Oranges	<b>Thanksgiving Break 11/27-11/29</b>		 <b>Happy Thanksgiving</b>		<b>29</b>	<b>Thanksgiving Break 11/27-11/29</b>

All menu items may contain: milk, eggs, fish/shellfish, or soy. \*Contains Pork If you have qualified for benefits in the past, please fill out an application on-line at [allendale.familyportal.cloud](http://allendale.familyportal.cloud) USDA is an equal opportunity employer and provider. Please contact Jodi Brouwer, FSD at 616.892.5591 for more information.